



**Let us meet you
where you are.**

**In the middle
of difficult times,
help can
mean hope.**

We all experience times in our lives that feel uniquely challenging. The programs at Wilshire Community Services are meant to walk with you through these experiences and support you while you find your way back to a life that is meaningful and comfortable.

Our services include counseling, friendly visits, transportation, specialty behavioral health services and conflict resolution.



WILSHIRE
HEALTH & COMMUNITY SERVICES, INC

We will face this together.

Created by the community for the community.

Wilshire Community Services was created to meet a series of needs identified by the populations we serve. Created by the community, for the community, our team of dedicated professionals serve their Central Coast neighbors with integrity, compassion, and energy.

Our staff members work seamlessly with an incredible group of volunteers whose heart and commitment are felt on the Central Coast every day. Whether it's mediation, a friendly visit, driving to a doctor's appointment or a counseling session, our volunteers complete our team.

Your Central Coast neighbors at work.

Address

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San Luis Obispo, CA. 93401

Phone

(805)547-7025

Website

wilshirecommunityservices.org

Facebook

facebook.com/wilshirecommunityservices

Donate

wilshirehcs.org/donate

Volunteer

wilshirecommunityservices.org/volunteer

Services



Peer Counseling

Peer-based counseling for older adults



Transportation Support

Various tasks & transportation support with our volunteers



Friendly Visits

Weekly in-home visits with a hand matched volunteer to decrease isolation and free weekly counseling by professionally trained peer volunteers



Behavioral Health

Multi-disciplined services for older adults



Conflict Resolution

Mediation services to support parties navigating conflict



Education & Training

Education on Aging & Conflict Resolution trainings